

Year Plan for Grade XI (2024-25)

Subject – English

Prescribed Books:

Hornbill (NCERT) and Snapshots (NCERT)

MONTH	CHAPTERS	TOPICS
April	Hornbill Chapter-1 Snapshots Chapter-1 Poem-1 Writing Skill Reading Skill Grammar	The Portrait of a Lady The Summer of the Beautiful White Horse A Photograph Advertisements Comprehension Passages Tenses (Gap Filling)
May	Hornbill Chapter-2 Snapshots Chapter-2 Poem-2 Periodic Test- I	We're Not Afraid to Die... if we can be together The Address Laburnum Top Syllabus: Chapter-1 (Hornbill), Chapter-1 (Snapshots), Poem- 1, Comprehension Passage, Advertisement, Gap Filling
July	Hornbill Chapter-3 Snapshots Chapter-5 Poem-3 Writing skill Reading Skill Grammar	Discovering Tut Mother's Day The Voice of the Rain Posters Comprehension Passages Gap filling (Clauses), Re-ordering/transformation of sentences
August	Hornbill Chapter-3 Snapshots Chapter-5 Poem Writing skill Reading Skill	Discovering Tut Mother's Day The Laburnum Top Speech Writing Comprehension Passages, Note Making

September	Term-I Examinations	Syllabus:- Hornbill: Chapter-1,2,3 Poems- 1,2,3 Snapshots: Chapter- 1,2 and 5 Comprehension Passages, Note Making, Advertisements, Posters, Speech Writing, Gap Filling, Sentence Reordering
October	Hornbill Chapter-7 Snapshots Chapter-7 Poem- 4 Writing skill Reading Skill Grammar	The Adventure Birth Childhood Debate Comprehension Passages Practice of Gap Filling and Sentence Reordering
November	Hornbill Chapter-8 Snapshots Chapter- 8 Poem-5 Writing skill Grammar Reading Skill	Silk Road The Tale of Melon City Father to Son Practice of Writing Skills Practice of Grammar Comprehension Passages
December	Periodic Test II	Syllabus: Reading Skills- Comprehension Literature- Chapter-7 (Hornbill), Chapter-7 (Snapshots), Poem- 4 Writing- Speech Writing Grammar- Sentence Reordering
February	Revision of Full Syllabus for Final Examination and Practical Examination	
March	Final Examinations	

वार्षिक हिंदी पाठ्यक्रम।
कक्षा-न्यारहवीं (सत्र - 2025-26)

हिंदी पाठ्य पुस्तक: (आरोह भाग-1, वितान भाग -1, अभिव्यक्ति और माध्यम

माह	पाठ व विषय	गतिविधियां
अप्रैल	नमक का दारोगा, मियां नसीरुद्दीन, घर की याद कविता व रोजगारपरक औपचारिक पत्र।	चौक बोर्ड, पाठ्य पुस्तक, मौखिक व लिखित कक्षा परीक्षाएं।
मई	PT-1 व दोहराई	पाठ्यक्रम:-नमक का दारोगा, मियां नसीरुद्दीन, घर की याद कविता व औपचारिक पत्र।
जुलाई	चंपा काले काले अक्षर नहीं चिह्नती कविता, शब्दकोश व पत्रकारिता के विभिन्न रूप।, डायरी लेखन	पाठ्य पुस्तक लिखित कार्य कक्षा- परीक्षाएं
अगस्त	विदाई संभाषण, गजल, फीचर व आलेख।	पाठ्य पुस्तक- आरोह, मौखिक कक्षा परीक्षा व लिखित कक्षा परीक्षा।
सितंबर	टर्म-1 परीक्षा	पाठ्यक्रम-नमक का दारोगा, मियां नसीरुद्दीन डायरी लेखन , घर की याद कविता व औपचारिक पत्र, विदाई संभाषण, चंपा काले काले अक्षर नहीं चिह्नती कविता, गजल, शब्दकोश व पत्रकारिता के विभिन्न रूप।
अक्टूबर	राजस्थान की रजत बूंदें, हे-भूख मत मचल।	चौक बोर्ड, पाठ्य पुस्तक, लिखित कक्षा परीक्षा।
नवंबर	गलता लोहा-, हे मेरे जूही के फूल जैसे ईश्वर व जनसंचार आधारित प्रश्नोत्तर।	मौखिक या लिखित कक्षा परीक्षा और समाचार पत्र आधारित रचनात्मक कार्य।
दिसंबर	PT-2 व दोहराई	राजस्थान की रजत बूंदें, हे भूख मत मचल, हे मेरे जूही के फूल जैसे ईश्वर व जनसंचार आधारित प्रश्न उत्तर।
जनवरी	भारत माता, सबसे खतरनाक व जनसंचार।	मौखिक-लिखित कक्षा परीक्षा।
फरवरी	जामुन का पेड़, आलो आंधारि, आओ मिलकर बचाएं कविता	संपूर्ण पाठ्यक्रम से मौखिक व लिखित कक्षा परीक्षा आधारित दोहराई।
मार्च		वार्षिक परीक्षा व संपूर्ण दोहराई

Year Plan for Grade XI (2025-26)

Subject – History

Prescribed Books:

India and Contemporary world (NCERT)

MONTHS	CHAPTERS	SUBJECT ENRICHMENT ACTIVITY
April	Chapter 2 Writing and City Life	*Group Discussion on Earlier Time period * Make a project File on Earlier Societies
May	Chapter 3 An Empire across Three Continents	* Make a project File on Earlier Societies
	PT –I Examination (Chapter 2 Writing and City Life, Chapter 3 An Empire across Three Continents)	
July	Chapter 5 Nomadic Empire	<ul style="list-style-type: none"> • Map work on Three Continents • Class discussion on Islamic Lands
August	Chapter 6 The Three Orders	Make a file on Federalism
September	HALF YEARLY EXAM	Syllabus (Ch1, 2, 3, 5 and 6)
October	Chapter 7 Changing Culture	* Group Discussion on benefits of Roman Empire
November	Chapter 8 Displacing Indigenous people	*Class discussion benefits of changing tradition * Value of Indigenous people on a place
December	PERIODIC TEST -2 (Chapter 6,7,8)	*To collect the information about Modernization of Africa
January	Chapter 9 Paths to Modernization	
February	Revision of Full Syllabus for Final Examination and Practical Examination	
March	Final Examinations	

Year Plan for Grade XI (2025-26)

Subject – Political Science

Prescribed Books:

India Politics I (N.C.E.R.T.) Political Theory I (N.C.E.R.T)

MONTHS	CHAPTER NO. AND NAME	SUBJECT ENRICHMENT ACTIVITY
April	Chapter 1 Constitution	*Map a file on Constitution design
May	Chapter 2 Election and Representative Chapter 3 The Legislature PT –I Examination (Chapter 1 Constitution Chapter 2 Election and Representative, and Chapter 3 The Legislature)	*Debate on Election System *Group Discussion on Legislature System in India.
July	Chapter 4 The Executive	*Group Discussion on Executive
August	Chapter 5 The Judiciary Chapter 6 Federalism	*Debate on Indian judiciary system *Debate on Federalism merits and demerits
September	HALF YEARLY EXAM	Syllabus (Ch1-6)
October	Chapter 7 The Local Government Chapter 10 Political Theory	* Group Discussion on benefits of Local Government * Make a flow chart on Political Theory ,kinds and types
November	Chapter 11 Equality Chapter 12 Justice Chapter 13 Rights	*Class discussion benefits of Equality * Make a chart on different kinds of Judiciary system * Class discussion about value of Rights, kinds
December	Chapter 14 Citizenship Chapter 15 Nationalism PERIODIC TEST - 2	*To collect the information about citizenship of different states in India. *To prepare a chart on Nationalism Chapter – 10, 11 and 12
January	Chapter 16 Secularism	*Debate on Secularism merits and demerits
February	Revision of Complete Syllabus	
March	Final Examination (Complete Syllabus)	

December	Unit 7: Perfect Competition - Price Determination and simple applications. Periodic Test - II	Perfect competition - Features; Determination of market equilibrium and effects of shifts in demand and supply. (Short Run Only) Simple Applications of Demand and Supply: Price ceiling, Price floor. Unit 5 and Unit 6
January	Project Work	
February	Revision of Full Syllabus for Final Examinations and Practical Examination	
March	Final Examinations	

Year Plan for Grade XI (2025-26)

Subject – Mathematics

Prescribed Books:

Element of Mathematics, NCERT

Month	Chapter/Unit	Activity/ Practical work (if Required)
April	Ch-1 (Sets), Ch-4 (Complex Number), Ch-5 (Linear Inequalities)	Sets and its types.
May	Ch-3(Trigonometry)	Formulas of Trigonometry
	PT-1 (Ch-4,5)	
July	Ch-6 (Permutation and Combination), Ch-2 (Relations and Functions)	Define Properties Of complex Numbers
August	Ch-7 (Binomial Theorem) Ch-8 (Sequence and Series)	Make a scrap book of formula of Trigonometry.
September	Term-1(Chapter 1,2,3,4,5,6,7 and 8)	
October	Ch-11 (Introduction to three dimensional Geometry), Ch-12 (limits and continuity)	
November	Ch-09 (Straight Lines) Ch-10 (Conic Section)	Make a table to find equation of Parabola, Ellipse and Hyperbola
December	Ch-13 (Statistics), Ch-14 (Probability) P.T- Ch. 9, 10	
January	Revision(1 to 8)	
February	Revision (All Chapters)	
March	Final Examination (Complete Syllabus)	

Year Plan for Grade XI (2025-26)

Subject – Commercial Arts

Prescribed Books:

Panoramic Indian Painting

Month	Unit No. and Unit Name	Practical work activity
April	Introduction : The elements & principle of Art	Letter writing Slogan writing
May	Unit I (1): Pre Historic Rock Paintings	Draw some educational slogans letter & layouts
	Unit I (2): Art of Indus valley civilization	Slogan writing with colour Poster making (child Labour)
Periodic Test - I (Unit – 1)		
July	Unit II (3): General introduction of art during Mauryan, Shunga, Kushana and Gupta Period	Different format of letter writing still life and nature poster (Digital India) Practicals: Drawing of still life & nature. Drawing of simple layouts Study of painting & sculptures
August	Unit II (4): Art of Ajanta	Drawing of human faces from different angle Practicals: Madhubani Painting Drawing of their faces the their sizes. Poster making (save girl child)
September	Term – I Examinations (Syllabus : Unit 1, Unit II)	
October	Unit III (5): Indian Temple Sculptures	Poster Making (Save Environment) Nature Poster making (Any Festival) Practical: Drawing of simple layouts Poster making 3 Indian Folk Art
November	Unit III (6): Indian Bronze Unit III (7): Indo Islamic architecture	Poster making Save girls Childs Digital India Layout with Pencil Practical : Canvas Painting 1 Poster Making (Any social problem)
December	Revision of Unit III, and Periodic Test-II	
January	Revision of Full Syllabus	
February	Revision of Full Syllabus	
March	Final Examinations	

Year Plan for Grade XI (2025-26)

Subject – Physical Education

Prescribed Books:

Month	Chapter/Unit	Subject Enrichment Activity
April	Unit 1 Changing Trends and Careers in Physical Education	<ol style="list-style-type: none"> 1. Concept, Aims & Objectives of Physical Education 2. Development of Physical Education in India – Post Independence 3. Changing Trends in Sports- playing surface, wearable gear and sports equipment, technological advancements 4. Career options in Physical Education 5. Khelo-India Program and Fit – India Program
May	Unit 2 Olympism Value Education Unit 3 Yoga	<ul style="list-style-type: none"> • Olympism – Concept and Olympics Values (Excellence, Friendship & Respect) • Olympic Value Education – Joy of Effort, Fair Play, Respect for Others, Pursuit of Excellence, Balance Among Body, Will & Mind • Ancient and Modern Olympics • Olympics - Symbols, Motto, Flag, Oath, and Anthem • Olympic Movement Structure - IOC, NOC, IFS, Other members • Meaning and importance of Yoga • Introduction to Astanga Yoga • Yogic Kriyas (Shat Karma) • Pranayama and its types. • Active Lifestyle and stress management through Yoga
Periodic Test – 1 (Syllabus- Unit 1, 2 and 3)		
July	Unit 4 Physical Education and Sports for Children with Special Needs	<ul style="list-style-type: none"> • Concept of Disability and Disorder • Types of Disability, its causes & nature (Intellectual disability, Physical disability). • Disability Etiquette • Aim and objectives of Adaptive Physical Education. • Role of various professionals for children with special needs (Counselor, Occupational Therapist, Physiotherapist, Physical Education Teacher, Speech Therapist, and Special Educator)
August	Unit 5 Physical Fitness, Wellness, and	<ul style="list-style-type: none"> • Meaning & importance of Wellness, Health, and Physical Fitness.

	Lifestyle	<ul style="list-style-type: none"> • Components/Dimensions of Wellness, Health, and Physical Fitness • Traditional Sports & Regional Games for promoting wellness • Leadership through Physical Activity and Sports • Introduction to First Aid – PRICE
September	Unit 6 Test, Measurement & Evaluation	<ul style="list-style-type: none"> • Define Test, Measurements and Evaluation. • Importance of Test, Measurements and Evaluation in Sports. • Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4 • . Somato Types (Endomorphy, Mesomorphy & Ectomorphy) • Measurements of health-related fitness
	Term – 1 Examination (Unit 1 , 2, 3, 4, 5 and 6)	
October	Unit 7 Fundamentals of Anatomy, Physiology in Sports	<ul style="list-style-type: none"> • Definition and Importance of Anatomy and Physiology in Exercise and Sports. • Functions of Skeletal System, Classification of Bones, and Types of Joints. • Properties and Functions of Muscles. • Structure and Functions of Circulatory System and Heart. • Structure and Functions of Respiratory System
November	Unit 8 Fundamentals Of Kinesiology And Biomechanics in Sports	<ul style="list-style-type: none"> • Definition and Importance of The students will learn the meaning and definition & identify the importance of Kinesiology and Biomechanics in sports. • Principles of Biomechanics • Kinetics and Kinematics in Sports • Types of Body Movements - Flexion, Extension, Abduction, Adduction, Rotation, Circumduction, Supination & Pronation • Axis and Planes – Concept and its application in body movements
December	Unit 9 Psychology and Sports	<ul style="list-style-type: none"> • Definition & Importance of Psychology in Physical Education & Sports; • Developmental Characteristics at Different Stages of Development; • Adolescent Problems & their Management; • Team Cohesion and Sports; • Introduction to Psychological Attributes: Attention, Resilience, Mental Toughness
	Periodic Test - II (Syllabus – Unit 7 and 8)	

Jan	Unit10-Training and Doping in sport	<ul style="list-style-type: none"> • Concept and Principles of Sports Training • Training Load: Over Load, Adaptation, and Recovery • Warming-up & Limbering Down – Types, Method & Importance • Concept of Skill, Technique, Tactics & Strategies • Concept of Doping and its disadvantages
Feb	REVISION OF FULL SYLLABUS AND PRACTICAL WORK	
March	FINAL EXAM	